



"EARLY CHILDHOOD SERVICES" 2020/21



IMPORTANT ADDRESSES

Who?	Does what?	Telephone
Police		117
Fire brigade		118
Paramedics		144
"Dargebotene Hand"	Help line	143
Toxicological Information Centre	Help in cases of poisoning	145
Thusis Hospital	Accident and Emergency Main number	081 632 12 60 081 632 11 11
Paediatric practice Feldstrasse	Group practice for paediatric and adolescent medicine	081 651 30 32
Municipality of Thusis	Council offices	081 650 09 30
School office	Kindergarten registrations	081 630 05 17
Mittelbünden Regional Social Services	Social counselling	081 257 52 75
Child and Adult Protection Authority KESB	Provision of support to individuals requiring protection	081 257 52 90
Adebar	Advice on birth control and sexuality	081 250 34 38
Parents' emergency help line	Telephone counselling	0848 35 45 55
GR Women's Refuge	Refuge	081 252 38 02
GR Victims' Aid	Advice and help	081 257 31 50

Current as of: July 2020

"KITZ" CRÈCHE

Day care centre

Childcare

From 3 months to starting school

Opening hours

Monday to Friday 06.15–19.00

Fees are income-related

CHF 40–120.— /per day

Our supplementary childcare offering is designed to meet the needs of today's families. Management of our day care centre is based on professional and economic criteria, making an active contribution to balancing family life and work. We believe that the best conditions for children's social development are offered by an environment where they are with other children.

Jacqueline Gasche
Rosenrollweg 12, 7430 Thusis

Tel. 081 651 02 23
info@kinder-kitz.ch
www.kinder-kitz.ch



PINOCCHIO

Childcare

Childcare for children

From 3 years to the end of primary school

Flexible childcare as required and agreed in advance

Lunch provided

Opening hours

From 06.30–19.00

Fees

CHF 4–8.— /per hour

Lunch (2 hrs childcare + meal) CHF 14.50–20.50

Fees are charged by the hour

Evelyne Killias
Untere Stallstrasse 2, 7430 Thusis

Tel. 077 429 05 77
pinocchio@pinocchio-thusis.ch
www.pinocchio-thusis.ch

PURZELBAUM

Play group

Games and play for children in a similar age group

Your child will be accompanied and assisted on his or her journey to becoming more independent – in a protected environment and while playing.

For children aged from 3 to 5 years in preparation for kindergarten

Opening hours

Monday, Tuesday, Wednesday, Friday 09.00–11.00
during school term time

Fees for weekly participation, per semester

CHF 266.— for passive members

CHF 323.— for non-members

Regula Liver
Obere Stallstrasse 12, 7430 Thusis

Tel. 079 309 20 09
bibers@bluewin.ch



CHILDREN'S CRÈCHE PLUS LANGUAGE

St. Catharina, Cazis

Early language support for children aged from 2 to 5 years whose first language is not German

Our successful "Lernpfad" holistic support programme prepares children for kindergarten, introducing them to German in a playful way.

This helps them integrate better and improves their prospects of being successful at school.

Course days and times

Tuesday, Wednesday, Thursday, Friday from 09.15–15.40
Joint lesson for parents and children from 09.15–09.55

Fees

CHF 300.— per semester

(CHF 750.— without contribution from the municipality)

Seraina Buchli, Krippenleiterin
St. Martin 3, 7408 Cazis

Tel. 081 632 10 00
schule@stcatharina.ch
www.stcatharina.ch



OPEN VIAMALA

Asylum association

We provide a place for families to meet.

Our guests can play, chat, draw and drink coffee.

We provide a place for mothers and their children; asylum seekers; refugees and Swiss nationals to meet each other.

Opening hours

Twice a month, Thursdays from 14.00–16.30

We meet at the Glais 18 youth centre in the old Landi shop, Compognastrasse in Thusis.

The meetings are free.

No prior registration is required.

Marlen Schmid Nyfeler
Oberfeldstr. 4, 7430 Thusis

Tel. 081 651 49 12
marlenschmid@gmx.ch
www.offeneviamala.ch

MUKI GYMNASTICS

Tv Thuisis

Gymnastics for mothers or fathers and their children aged from 3 to 5 years

The varied gymnastics sessions stimulate and encourage children's enjoyment of physical activity. Kids will have a great time trying out gymnastics together with mum/dad or their grandparents. You are a team, sharing fun experiences.

Gymnastics sessions
Thursday, 09.00–10.00 and 10.00–11.00

Thuisis Multipurpose Hall, Dorf school complex

Fees
CHF 70.— per year

Sandra Lauffer
Italienische Strasse 29, 7421 Summaprada

Tel. 081 253 32 79
or 079 466 48 20, mornings
sandra.lauffer@bluewin.ch
www.tv-thuisis.ch



LALELU

Thuisis toddlers' group

The toddlers' group is a place for mothers and/or fathers and their children aged from 0 to 3 years to meet, play and do gymnastics.

We meet
Every Wednesday morning from 09.30–10.30
in the autumn/winter season (September–March)
in Thuisis Multipurpose Hall.

The meetings are free.

Nathalie Tönz
7408 Cazis

krabbli@gmx.ch



GERMAN FOR SCHOOL

Municipality of Thuisis

Children should be able to communicate in German when they start kindergarten. Thuisis offers an early language learning programme for children who do not have this level of German.

Parents can use a questionnaire to estimate their child's German skills, even if they don't speak the language themselves. The questionnaire is handed out in January to all parents whose children are scheduled to start kindergarten in two and a half years.

Course days and times
Once a week, either on Tuesday, Wednesday, Thursday or Friday from 09.15–15.40.

Parents can also attend 8 sessions focusing on how they can support and promote their child's overall development in a playful way. Two of these sessions are held at the kindergarten with a kindergarten teacher. The programme also includes 8 parent/child visits to institutions/organisations in Thuisis to learn about their offerings for children.

Programme director of "German for school"

Alice Lang
Schulstrasse 8, 7430 Thuisis

Tel. 079 616 48 28
schulsozialarbeit@schule-thuisis.ch

PING:PONG

Municipality of Thuisis

Building bridges in a playful way – ping:pong helps parents and their 3 to 6 year old children get off to a good start at kindergarten.

Parents attend 8 sessions focusing on how they can support and promote their child's development in a playful way. Parents are able to visit the kindergarten and meet the teachers, helping both sides to build trust. The parents' group also discusses age-specific parenting issues and allows parents to develop social networks.

Each of the eight sessions takes place on a Saturday and is led by a local moderator. Childcare is available during the sessions.

The offering is free and funded by the municipality.

Programme director of "ping:pong"

Sabrina Leib
7408 Cazis

Tel. 079 428 79 32
pingpong@thuisis.ch

CHILDCARE AT HOME

Provided by the SRK (Swiss Red Cross)

Childcare service for children aged up to 12 years

The SRK Graubünden's childcare staff can provide help on request – for example if children are ill or parents are experiencing a difficult time.

Childcare at home (KBH) can be provided in the following situations:

- The child is ill and the usual carers are unavailable
- The parents or carers are suddenly unable to provide care
- Parents are overloaded

Care times by agreement

Telephone hot line times:
Monday to Friday 08.00–11.30/14.00–16.30 (Friday–16.00)

Fees are income-related

CHF 10–40.— /per hour,
plus CHF 30.— set fee per visit

SRK Graubünden
Steinbockstrasse 2, 7000 Chur

Tel. 081 258 45 84
info@srk-gr.ch
www.srk-gr.ch/kinderbetreuung



THERAPEUTIC EARLY EDUCATION

Heilpädagogischer Dienst Graubünden

Problems

- Disabilities
- Delayed development
- Risks to development
- Behavioural problems

Offering

- Differentiated developmental psychological clarification
- Assessment of support required
- Promotion and support of child development
- Advice regarding specific aids/methods
- Interdisciplinary cooperation
- Coordination of the carer system
- Advice and support for parents/guardians and specialist staff
- Advice regarding starting school

Therapy by appointment, not during school holidays

Funding body

Department of Primary Education and Sport

Heilpädagogischer Dienst GR
Neudorfstr. 69, 7430 Thuisis

Tel. 081 257 02 80 (Main office)
Tel. 081 651 56 58 (Thuisis local office)
info@hpd-gr.ch
www.hpd-gr.ch



SPEECH THERAPY FOR PRE-SCHOOLERS

Heilpädagogischer Dienst Graubünden

Problems

- Speech comprehension
- Pronunciation
- Formation of words/sentences, grammar, vocabulary
- Communication, stuttering, refusal to speak
- Voice
- Perception functions
- Mouth motor activity, salivation

Offering

- Clarification, diagnosis of child's speech development status at all linguistic levels
- Provision of a speech therapy-related diagnosis
- Provision of speech therapy
- Advice and support for parents/guardians

Therapy by appointment, not during school holidays

Funding body

Department of Primary Education and Sport

Heilpädagogischer Dienst GR
Neudorfstr. 69, 7430 Thuisis

Tel. 081 257 02 80 (Main office)
Tel. 079 221 67 72 (Speech therapy for Viamala region)
info@hpd-gr.ch
www.hpd-gr.ch

SUPPORT FOR SIGHT AND HEARING IMPAIRMENTS

Heilpädagogischer Dienst Graubünden

Problems

- Sight/hearing impairment
- A sight/hearing impairment has been medically diagnosed

Offering

- Clarification
- Tailored support measures
- Advice and support on using technical aids
- Advice and support for the child, parents/guardians and specialist staff

Therapy by appointment, not during school holidays

Funding body

Department of Primary Education and Sport

Further HPD GR offering

PSYCHOMOTOR ACTIVITY THERAPY for pre-schoolers
(Private payment)

Heilpädagogischer Dienst GR
Aquasanastr. 12, 7000 Chur

Tel. 081 257 02 80 (Main office)
info@hpd-gr.ch
www.hpd-gr.ch

